

### Caledonia Secondary School 3605 Munroe Street, Terrace BC V8G 3C4 Phone: 250-635-6531 http://caledonia.cmsd.bc.ca



# Week of November 11 - November 15

## 2024 -2025 Caledonia Bell Schedule and Block Rotation

| TIME             |            | DAY 1      | DAY 2      | DAY 3      | DAY 4      |
|------------------|------------|------------|------------|------------|------------|
| 8:45 –<br>10:06  | 81<br>min. | Block 1    | Block 2    | Block 3    | Block 4    |
| 10:06 –<br>10:12 |            | Break      | Break      | Break      | Break      |
| 10:12 –<br>10:16 |            | Transition | Transition | Transition | Transition |
| 10:16 –<br>11:36 | 80<br>min. | Block 2    | Block 1    | Block 4    | Block 3    |
| 11:36 -<br>12:16 |            | Lunch      | Lunch      | Lunch      | Lunch      |
| 12:16-<br>12:21  |            | Transition | Transition | Transition | Transition |
| 12:21 –<br>1:41  | 80<br>min. | Block 3    | Block 4    | Block 1    | Block 2    |
| 1:41 -<br>1:47   |            | Break      | Break      | Break      | Break      |
| 1:47 –<br>1:51   |            | Transition | Transition | Transition | Transition |
| 1:51 -<br>3:11   | 80<br>min. | Block 4    | Block 3    | Block 2    | Block 1    |

#### This Week

Monday - Remembrance Day - No School
Tuesday - Day 1
Wednesday - Day 2
Thursday - Day 3
Friday - Day 4

## Important Upcoming Dates

November 8 - National Indigenous Veterans Day

November 11 - Remembrance Day

November 20 & 21 - Early Dismissal

November 21 - Report Cards Issued

November 21 – Parent/Teacher Interviews 5:00-7:00

November 21 - Dry Grad Meeting @ 7:00 Library

# Caledonia Yearbooks

Get your yearbook now for just \$45.00. Scan the QR Code below to pre-purchase your 2024/2025 yearbook.





# **Grad Baby Photos**

GRADUATES OF 2024-2025

It's that time of year! Please submit your baby pictures for the yearbook to the office labeled "Grad Baby Photos" folder in an envelope with your first and last name attached OR send it to the QR code below.

Photos will be accepted until January 31st.

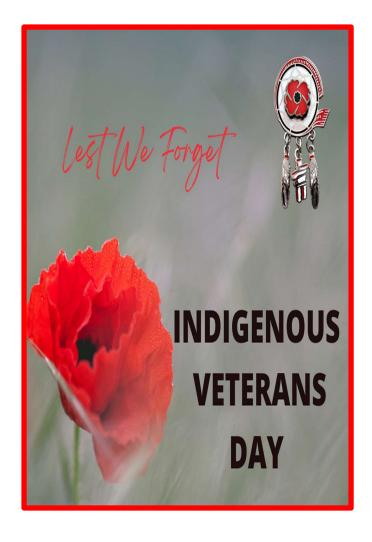
Your pictures will be returned unscathed.





# Scholarship Update

The Scholarship Committee has been posting regular updates on Teams. Students should be using their school credentials to login, not their personal email. The Committee posts scholarship opportunities on Teams as they receive them as well as any future meeting dates. There is a video posted of the information session from October. It provides an overview of the scholarship processes for the year. Interested students are reminded to submit their "Student Information Forms" by Friday. Printable versions are on Teams, and paper copies are in the office.



## Graduation 2025 Purdy's Fundraiser

Cal grads are fundraising! Fundraising profits go to scholarships, grad run events, prizes, and the top 3 sellers will have their grad fees waived. On the list attached to this e-mail find the student you are supporting, click on the link and follow the steps.



## **CANADA'S CHOCOLATIER SINCE 1907**

Can you help us reach our fundraising goals?



We get 25% back in fundraising profits from every sale and you get chocolates crafted in Canada with premium-quality ingredients and 100% sustainable cocoa.

Thank you for your support!



Caledonia Grad 2025

#### TRACKING ORDERS ONLINE:

- Sign in using the Login ID found next to the member's name found on the following page(s) and the default password
- Supporters who have logged in or registered using your unique join link will appear on the dashboard!
- Use the "Send Invite" tab while logged in for a whole new way to share your fundraiser!

PLACE & PAY FOR ORDERS BY:

Sunday, November 10

PICK UP ORDERS ON:

Friday, November 22

AT:

3605 Munroe Street, Terrace

If you have any questions, please contact our coordinator:

DANI SHINDE

COORDINATOR NAME

### **Family Smart**

My name is Peggy Sowa, and I work with FamilySmart through the Integrated Children and Youth team. My role with the ICY Team is to support the parents and caregivers of children and youth who may be dealing with Mental Health and or substance use concerns. Family Peer Support Workers help children and young people by helping their families and other caring adults. We know children and young people do better when the adults who care about them are supported. We can help parents and caregivers by offering support. We can help by offering support, we can help with navigating local resources, and online resources such as FamilySmarts monthly "In The Know Events". As we are a non-profit organization there is no charge. There are wait times, my services are free. We can meet in person, connect via video conference, text or telephone.

The link below directs you to a short two-minute video and offers more insight into my role as a Family Peer Support Worker;

https://www.youtube.com/watch?v=iaCLgZ2o3n8

You can also go to our website at www.familysmart.ca

If you have any questions or would like to schedule an appointment, please contact me at:

E-mail: Peggy.sowa@familsmart.ca

• Phone: 250-872-2415

Book online: <a href="https://peggy-sowa.youcanbook.me/">https://peggy-sowa.youcanbook.me/</a>



# Dual Credit Program



ASK YOUR CAREERS TEACHER CHILDCAR

REGISTER SOON

# DUCATION HIGHLIGHTED BENEFITS:

Childcare First Aid & CPR

ECCE 104: Health, Safety & Nutrition

ECCE 167: Guiding Young Children

2 x Elective courses towards graduation

School district pays for tuition & books



- First Aid offered by CMTN.
- ECCE courses offered on Wednesdays 6-9:00pm at CMTN (Online options)
- Required criminal record check
- Required 2 pieces of I.D.
- Starts Feb. 3rd (Second semester)

More information: 250-635-7944







# **Dry Grad Parent Meeting**

There will be a meeting on November 21<sup>st</sup> at 7:00 in the Caledonia Library for the 2024 Dry Grad Committee. All grade 12 parents are welcome and encouraged to attend.

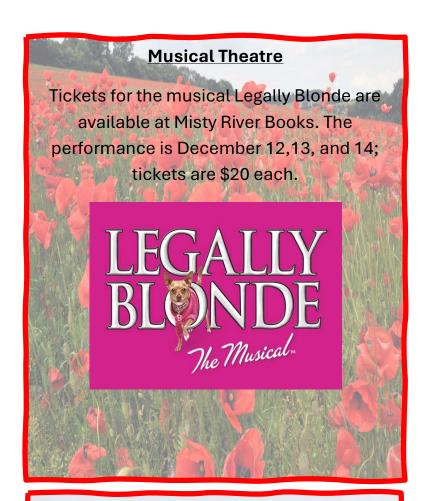


#### **Vaccines**

November 15, 2024, Terrace Health
Unit Nurses will be offering Human
Papillomavirus HPV vaccine to
eligible grade 12 students at the
school who did not receive it in
Grade 6. For more info on HPV visit:

Human papillomavirus (HPV)
vaccines | HealthLink BC. Students
are encouraged to come and have a
conversation with a Nurse.





## **Report Cards**

Report Cards will be distributed on Thursday
November 21 from 5:00 – 7:00 in the
Caledonia gym at Parent/Teacher
interviews. Parents are encouraged to
attend. Any Report Cards not picked up on
November 21, will be distributed during last
block on Monday November 25<sup>th</sup>. Report
Cards will not be mailed home. Any parents
who need a duplicate copy, please e-mail
me at <a href="mailto:cheryl.skender@cmsd.bc.ca">cheryl.skender@cmsd.bc.ca</a> to make
arrangements.

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FOR FIT



The 2025 Grad Clothing order forms are available in the office.

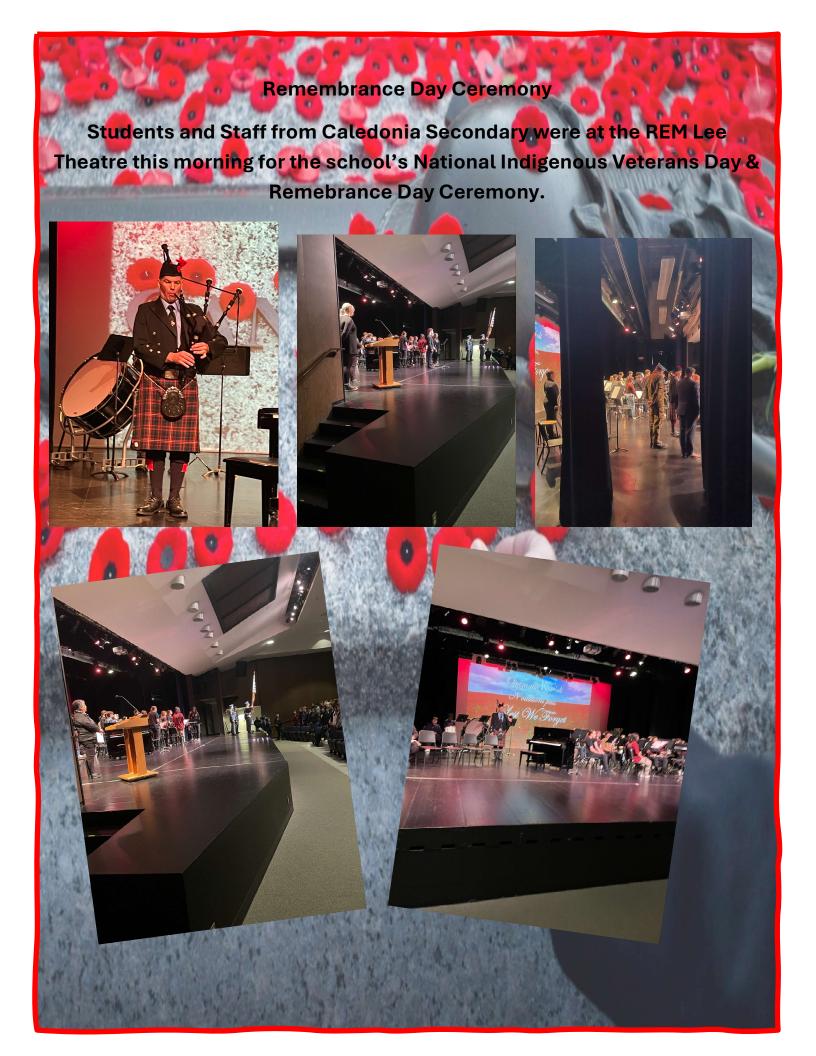
Order and payment are due by November 16. Late orders will not





Student Council members handing out poppies this morning for National Indigenous

Veterans Day and Remembrance Day.



#### Caledonia Boys Soccer

The north-west zone boy's soccer season wrapped up this weekend with an unusual three-way tie between AA teams from Charles Hayes, Smithers and Caledonia Secondary schools. Caledonia's team played hard, in these low scoring games. It was great to see the boys' excellent sportsmanship and sense of community, as players on all three teams have played together on regional development teams over the past several years.

The three teams each finished the zone championship games with one win and one loss in round robin play - and only a single goal separating the winner in each match (1-0, 3-2, 2-1). To determine the final zone representative, teams went into shoot-out competition. Prince Rupert was the final winner of the zone and will be advancing to the AA provincial tournament in Richmond in two weeks.

Thanks to coaches Paul Hanna, Brian Correia and Duncan Stewart for their support and instruction over the past 8 weeks.







# **UNBC Northwest** Campus Open House

Wednesday, Nov 20, 2024 5:00 PM - 7:30 PM **UNBC Northwest Campus** 

Light refreshments to be served

# RSVP by November 15

#### Why you should attend!

- . Meet with UNBC faculty, students, and staff
- Meet with UNBC faculty, students, and structure to a continuous care to unBC's Northwest Campus Learn how you can complete your Elementary Education, Nursing, or Social Work degree in Terrace!

  Learn about the pathways to UNBC degrees through Coast Mountain College

#### Programs Featured

- Bachelor of Science in Nursing Terrace
   Bachelor of Social Work Terrace
   Bachelor of Education Elementary
  Years Terrace
   All UNBC programs offered at the Prince
  George Campus

#### Schedule

5:00 PM Doors open

6:00 PM Opening remarks

6:20 PM Early bird and prize draws

Program presentations (Education, Nursing, Social Work) (20 mins)

6:50 PM

Q&A with each program

7:30 PM

