



Caledonia Secondary School
 3605 Munroe Street, Terrace BC V8G 3C4
 Phone: 250-635-6531 <http://caledonia.cmsd.bc.ca>



Week of Feb 12 - Feb 16

2023 -2024 Caledonia Bell Schedule and Block Rotation

TIME		DAY 1	DAY 2	DAY 3	DAY 4
8:45 – 10:06	81 min.	Block 1	Block 2	Block 3	Block 4
10:06 – 10:12		Break	Break	Break	Break
10:12 – 10:16		Transition	Transition	Transition	Transition
10:16 – 11:36	80 min.	Block 2	Block 1	Block 4	Block 3
11:36 – 12:16		Lunch	Lunch	Lunch	Lunch
12:16 – 12:21		Transition	Transition	Transition	Transition
12:21 – 1:41	80 min.	Block 3	Block 4	Block 1	Block 2
1:41 – 1:47		Break	Break	Break	Break
1:47 – 1:51		Transition	Transition	Transition	Transition
1:51 – 3:11	80 min.	Block 4	Block 3	Block 2	Block 1

This Week

Monday - Day 3
 Tuesday- Day 4
 Wednesday- Day 1
 Thursday - Day 2
 Friday - Day 3

Upcoming Dates

Feb 13 - Photo Retakes

Feb 20 to 23 - Grad Photo Retakes

Just a reminder to parents / guardians that if you have any concerns regarding your teenager's education you need to connect with their teachers first. If this meeting is not satisfactory then you need to arrange a meeting with Ms. Arbuckle, the school's principal. Please call the school at 250-635-6531, or e-mail Ms. Arbuckle at Jane.Arbuckle@cmsd.bc.ca. E-mail addresses for teachers is listed later in this newsletter.



Student Absences

Please call every day that your child is sick. We enter students as excused only for the day that you call in, or if you give us specific dates for the absence. *If students are going to be away for three or more days, please have an extended absence form filled out no less than two weeks prior to the absence. These forms are available in the office.* Attendance Expectation forms were sent home with all students this week for each of their classes. Please sign the forms and send them back to school. Thank you.



Report Cards

Semester One Final Report Cards are available for pick up in the office. They were handed out to students on Thursday Feb. 8th. Please contact the office if you have any questions.



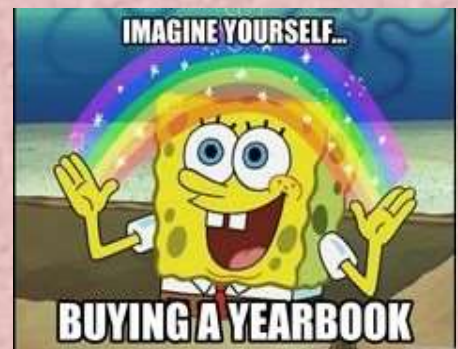
Photo Retakes

Lifetouch will be here on February 13, 2024 to do photos for those students who were absent or for those who would like retakes.



Yearbook Sales

Get your yearbook now for \$45.00.



SCAN ME



Career Corner

Capstone Project:

3 Research Check- ins	March 1, 2024
Finished Project	April 26, 2024
Presentation	May, TBA

All Grade 12 students will need to complete a Capstone Project to graduate. Please come down to the Career Office 11 A, if you need support or have any questions.

Work Experience:

Are you in Grade 11 or 12? Do you have a part-time job and want to earn 4 credits?

Packages are available, please stop by room 11A. A reminder to those who wish to sign up, you must be able to meet the minimum 100 hr requirement before June 1, 2024.

Please drop completed packages off in room 11 A. (Hours will not start accumulating until your package is signed and handed in).

For any student who has already handed in the application, please stop by Room 11 A to check in with Mr. Cox about your progress in Work Experience. You must complete the 100 hours and required documents to get the credit for the program.

What is Dual Credit?

Dual Credit is an opportunity for high school students to begin post-secondary programs and courses while they are still in high school. This option is available for grade 12 students in good academic standing. And we pay the tuition!

The 2024-2025 dual credit program includes the following courses:

- Auto Service Technician Foundation
- Carpentry Foundation
- Electrical Foundation
- Hairstylist
- Heavy Mechanical Trades Foundation
- Piping Foundation (PIC) Jan. 2025 start date)
- Professional Cook 1 (Aug. 2024 start dates)
- Welding Level 1 & 2 Foundation

Our Sr. Boys Basketball team is in Prince George this weekend for a tournament. Good luck!

Good luck to our Jr. Boys in Prince Rupert this weekend for their zone tournament.



Reminder for Grade 12's

Get your Grad forms and ALL your outstanding fees paid as soon as possible! Completed Grad Forms must accompany payment. Forms have been e-mailed home and are available in the office. Not having outstanding fines and fees paid will prevent you from participating in grad activities.



Scholarships

Caledonia's formal scholarships processes will begin next week. Information sessions to obtain scholarship packages have been scheduled on Tuesday February 13th (after school in room 05), Thursday February 15th (after school in room 05), and Friday February 16th (lunch time in the lecture theatre). Students must sign up for a meeting prior to attending. Additional meetings/tutorial sessions may be scheduled in the future. Students should be checking Teams on a regular basis for scholarship updates.

Scholarship application packages will be due Thursday March 14th by 4pm. If students have questions, they can reach Mr. Dosanjh or Ms. MacLeod.



— A YEAR TO — REMEMBER

GET EXCITED. GET INSPIRED.
GET READY FOR GRAD PORTRAITS.



Prestige
PORTRAITS

ONLINE BOOKING OPEN NOW

Caledonia Secondary School

Date(s): February 20 – 23, 2024

Time: 3:00 pm – 9:00 pm

Location: Lecture Theatre

GOOD TO KNOW:

A \$30 sit fee will be due at the time of your appointment in either cash or check

- You may include a plus-one or pet for one photo if your school allows.

- Please arrive to your appointment wearing your outfit of choice. For the cap & gown photos, it is suggested to bring a scoop or V-neck top to wear under the gown unless wearing a collared top with a tie.

- See FAQ for more information.

PLAN & PREPARE FOR YOUR SESSION BY

Schedule.prestigeporraits.ca



If you have any further questions or need assistance with booking an appointment, please contact us:

1 (888) 676-1647

Prestige
Portraits
by Lifetouch

Cosplay Armor Construction Club

****Second Semester - Listen to Announcements**

TUESDAYS AT LUNCH

****Room 115 (Art Room) ** Sponsor: Ms. Stewart**

Are you interested in making Armor out of cardboard and other materials? Are you inspired by fictional characters in games, movies or books?

Or just your imagination?



Come and join us! Have fun and be creative!

Caledonia Staff Email List

Office Staff

Ms. Arbuckle	Principal	Jane.Arbuckle@cmsd.bc.ca
Mr. Dominguez	Vice-Principal	Joe.Dominguez@cmsd.bc.ca
Ms. Robinson	Vice Principal	Jaclyn.Wells@cmsd.bc.ca
Mrs. Skender	Administrative Assistant 1	Cheryl.Skender@cmsd.bc.ca
Ms. Anger	Bookkeeper	Michelle.Anger@cmsd.bc.ca
Ms. Duffy	Student Records Clerk	Tanya.Duffy@cmsd.bc.ca
Mrs. Chant	Counsellor – last names L to Z	Patsy.Chant@cmsd.bc.ca
Ms. Shinde	Counsellor – last names A to K	Danika.Shinde@cmsd.bc.ca
Ms. Graham & Mr. Talstra	Career Counsellor – Trades, Work Experience, CLC	Amy.Graham@cmsd.bc.ca or Daniel.Talstra@cmsd.bc.ca

Teaching Staff

Ms. Amendt	Jacquelyne.Amendt@cmsd.bc.ca	Mr. Lenuik	William.Lenuik@cmsd.bc.ca
Mrs. Axelson	Kelley.Axelson@cmsd.bc.ca	Mr. Lewis	David.Lewis@cmsd.bc.ca
Ms. Barron	Emily.Barron@cmsd.bc.ca	Mrs. Lowndes	April.Lowndes@cmsd.bc.ca
Mr. Blundon	Phillip.Blundon@cmsd.bc.ca	Mr. Lowndes	Matthew.Lowndes@cmsd.bc.ca
Mr. Bremner	Kurtis.Bremner@cmsd.bc.ca	Ms. MacDonald	Emma.MacDonald@cmsd.bc.ca
Ms. Buhr	Sally.Buhr@cmsd.bc.ca	Ms. MacLeod	Britt.MacLeod@cmsd.bc.ca
Mrs. Cleveland	Corina.Cleveland@cmsd.bc.ca	Mr. Mattheis	Benjamin.Mattheis@cmsd.bc.ca
Mr. Cloutier	Paul.Cloutier@cmsd.bc.ca	Mr. Metzmeier	Eric.Metzmeier@cmsd.bc.ca
Mr. Cox	Tristan.Cox@cmsd.bc.ca	Mr. Midgley	Matthew.Midgley@cmsd.bc.ca
Mr. Dosanjh	Davy.Dosanjh@cmsd.bc.ca	Ms. Pavao	Cassidy.Pavao@cmsd.bc.ca
Mr. Hadjadj	Aziz.Hadjadj@cmsd.bc.ca	Mr. Peters	Lance.Peters@cmsd.bc.ca
Mrs. Hoekstra	Kim.Hoekstra@cmsd.bc.ca	Ms. Reid	Megan.Reid@cmsd.bc.ca
Mr. Hollett	Todd.Hollett@cmsd.bc.ca	Ms. H. Robinson	Heather.Robinson@cmsd.bc.ca
Ms. Horne	Daina.Horne@cmsd.bc.ca	Mr. Smart	Bruce.Smart@cmsd.bc.ca
Mrs. Inkster	Janet.Lewis@cmsd.bc.ca	Mrs. Stewart	Collette.Stewart@cmsd.bc.ca
Mr. Jones	Brian.Jones@cmsd.bc.ca	Mr. Stewart	Duncan.Stewart@cmsd.bc.ca
Ms. Korving	Leanne.Korving@cmsd.bc.ca	Ms. Thom	Samantha.Thom@cmsd.bc.ca
Ms. Kriegl	Nicole.Kriegl@cmsd.bc.ca	Mr. Wojdak	Graham.Wojdak@cmsd.bc.ca

Quantum Leaps

The University of Northern British Columbia (UNBC), Northwest Science & Innovation Society (NSIS), SkeenaWild Conservation Trust and Westcoast Women in Engineering, Science and Technology (WWEST) are pleased to announce that the Quantum Leaps Conference will take place on Wednesday, February 21st, from 4 PM to 8:30 PM at the UNBC Campus in Terrace. This event is aimed at young women in grades 10-12 with the goal of motivating and encouraging them to pursue studies and careers in science, technology, engineering, and mathematics (STEM), while also providing an opportunity to meet local women in these fields.

For more information about the Quantum Leap Event, please visit <https://skeenawild.org/education/outreach-education-events/> or <https://skeenawild.org/quantum-leaps-girls-talk-science-tech/>.



QUANTUM LEAPS

UNBC UNIVERSITY OF NORTHERN BRITISH COLUMBIA

SkeenaWild

NSIS Northwest Science & Innovation Society

GIRLS TALK SCIENCE & TECH

A CONFERENCE FOR YOUNG WOMEN IN GRADES 10 TO 12 TO LEARN MORE ABOUT CAREERS IN SCIENCE & TECH

WEDNESDAY, FEBRUARY 21, 2024

UNBC TERRACE CAMPUS

4537 KEITH AVENUE

4:00 – 8:00 PM

FREE – including dinner
Check website for details

Register Online: www.skeenawild.org/education

CONFIRMED PANELISTS

FORESTER • VETERINARIAN • PHYSIOTHERAPIST • WILDLIFE BIOLOGIST
XRAY/ULTRASOUND TECHNOLOGIST • NURSE PRACTITIONER • PARK RANGER
NURSE • MICROBIOLOGIST • MORE TO COME

*Please note that we use the terms women and girls with a broad meaning that includes people who identify themselves as women, girls, trans, genderqueer, non-binary, two-spirit, and gender questioning.

UPDATED!

Congratulations to all our students who made Principal's List,
Honor Roll or Honorable Mention for Term One.

Grade 12

Bahr, Nathan	Bennett, Calvin	Casey, Jamie	Chataway, Mikayla	Conway, Keyaira
Costain, Camryn	Davenport, Eva	Dinwoodie, Lily	Dominguez, Matthias	Faetz, Owen
Forsyth, Ashton	Frank, Brooklyn	Girard, Jonathan	Godfrey, Konnor	Green, Ferrah
Hansen, Alex	Hansen, Brome	Hansen, Brook	Hecker, Johanna	Hernes, Claire
Hidber, Cloe	Isaiah, Melody	Ivens, Milla	Janzen, Kai	Kenmuir, Oscar
Klein, Sylvie	Kriegl, Emily	Kuirinlahti, Emma	Larsen, Lelah-Marie	Lee, Hannah
Linteris, Taeler	Liu, Katherine	Lockhart, Jaden	Lukasser, Grace	Makowski, Claire
Marion, Mariah	Mathews, Joshua	Mattheis, Aden	McCormick, Seth	Meijer, Brook-Lynn
Melo, Cassidy	Mielniczek, Helena	Miller, Adeline	Monkman, Stephanie	Monsen, Brooklyn
Mowez, Kessler	Munday, Sariya	Myers, Logan	Nenninger, Carissa	Nyce, Cameron
Ouellet, Hali	Penner, Sidney	Poole, Ella	Pretto, Tessa	Purita, Ana
Qualizza, Daniel	Roldo, Chiara	Schafhauser, Jacob	Schibli, Hanna	Stehling, Brandon
Suttis, Alex	Thorsen, Ryan	Vieira, Lucas	Wagner, Ashten	Webber, Avalee
Weidner, Ethan	West-Johnson, Caiden	Wilson, Ethan		



Grade 11

Albert, Isaac	Albios, Zhen	Allen, Annabel	Balatti, Carter	Barron, Sam
Basra, Harnoor	Benamar, Aaliya	Bruneau, Sadie	Budzyk, Serafina	Carter, Ben
Chouinard, Etienne	Cleveland, Oasis	Cote, Jessie	Davis, Domanic	De Bartolo, Maria
De Freitas, Farah	Dennis, Ria	Dettwiler, Brynn	Dobbin, Phillip	Dominguez, Simon
Domke, Dean	Dzus, Hailey	Elserty, Ahmed	Finlayson, Rhaya	Francoeur, Leila
Funk, Ethan	Gagnon, Jonah	George, Noah	Gill, JP	Guerin, Nathan
Guerriero, Mars	Harris, Aliiyah	Hughes, Miles	Ingenhut, Viggo	Joyce, Natalia
Kenny, Rowen	Kietzmann, Ethan	Kim, Tom	King, Isabella	Kinney, Aiden
Kinney-Demoe, Taylor	Kryklywyj, Kate	Lepisto, Gabriel	Linteris, Thais	Lord-Braid, Kaz
Louttit, Dylan	MacDonald, Lily	Marx, Addison	Mattheis, Marcus	McLaughlin, Connor
Meek, Callum	Miller, Tyla	Mohr, Majestic	Montgomery, Madison	Muir, Logan
Nijjar, Sahil	Nisyok, Adrianna	Norstrom, Mya	Peden, Josiah	Pereira, Travis
Pettit, Leo	Pouladi, Emilie	Pushong, Trezden	Rego, Linden	Rico, Matthea
Robinson, Cayleigh	Russell, Finn	Sagun, Seth	Schmidt, Jordyn	Schonbachler, Ricky
Schulmeister, Sydney	Schuster, Shawn	Sharpe, Taryn	Shears, Lily	Smith, Isaiah
Spencer, Valyn	Stehling, Byron	Stokes, Falon	Tadiaman, Jairus	Tait, Kara
Talstra, Jordan	Taylor, Haydyn	Thomas, Ezra	Ungehojer, Oliver	Van der Kolk, Asher
Wallington, Tristen	Ward, Spencer	Wheeler, Dextra	Williams, Quinn	Wing, Andrew
Woodburn-Elliott, Oscar	Wright, Gabrielle			

Grade 10

Aird, Sara	Alaggia, Nevaeh	Ames, Lukas	Andam, Russell	Auriat, Aleander
Beck, Amber	Berg, Kaitlyn	Buhler, Lilly	Burgomaster, Rylen	Chataway, Sophia
Chauhan, Mansi	Chauhan, Manvi	Cho, Victoria	Clayton, Jay	Connolly, Tavin
Dams, Alana	Daniels, Payton	Denis, Cameron	Dettwiler, Finnigan	Downs, Kayden
Dunbar, Rowan	Fawdrey, Addison	Fifi, Jazmin	Fleischbein, Tristen	Funk, Carson
Galang, Chelsy	Galang, Margaret	Gardiner, Julie	Barneau, Braxton	Gerrath, Paige
Godfrey, Ethan	Hahn-Helfensteller, Henrique	Hanna, Jesse	Hartman, Jacob	Haugland-Kutenics, Ryler
Hayes, Finley	Hildebrandt, Nathaniel	Hultkrans, Mackenzie	Huynh, Tram	Johnson, Aaron
Jorimann, Dominic	Kean, Adam	Kelso, Kennedy	Kinney, Tavon	Laberge, Serenity
Laman, Raphael	Mahil, Issiah	McMillan, Elias	Meek, Gavin	Metzger, Darlee
Meyer, Susanna	Mowez, Nola	Nguyen, Veronica	Ocampo, Aislinn	Perry, Kalen
Peters, Jade	Pillat, Lara	Porter, Cohen	Pow, Emily	Protheroe, Valentina
Qualizza, Ruth	Randrup, Makayla	Regacho, Joelle	Reid, Carlon	Roldo, Mia
Sambo, Darien	Schafhauser, Liam	Shoji, Takumi	Smyth, Vanessa	Soucie, Aubrieh
Soucie, Khloey	Stewart, Wade	Swain, Marlee	Tait, Aiden	Thompson, Zoey
Thomson, Hannah	Vieira, Claire	Vigneault, Roan	Walter, Braeden	Weary, Danielle
Webb, Gregory	Wilke, Grace	Woods, Savanna	Young, Emanuel	

Attendance Expectations for Caledonia Students

At Caledonia Secondary School attendance is very important. Students who regularly miss school receive fewer hours of instruction, often leading to lower grades. In Caledonia classrooms, instruction builds over time, and when students are not in attendance, they miss vital building blocks of information. Regular school attendance is an essential part of the learning process and crucial for graduating from high school with a strong foundation for further studies and a successful career.

After any absences from Caledonia Secondary School, it is the student's responsibility to connect with their teachers immediately upon their return to establish a timeline for the completion of missed work so the student can get back on track with their learning.

Absenteeism will be addressed at Caledonia in the following manner:

Absences from a class

Action to be taken

1 – 5 Absences

The teacher will connect with the student to discuss attendance concerns.

6 – 9 Absences

The teacher will connect with the parent/guardian to discuss attendance concerns.

At **10 absences** a teacher may refer their student to administration for the co-creation of a support plan.

Grade 10 student = Ms. Jackie Robinson

Grade 11 student = Mr. Joe Dominguez

Grade 12 student = Ms. Jane Arbuckle

At **20 absences** a student may be withdrawn from their course if they have not demonstrated improvement as described in the plan co-created with administration. The student may return to Caledonia the following semester after meeting with an administrator to discuss supports.

Caledonia Presents



Masquerade

Thursday February 29th, 2024
6-9pm

In the Caledonia Gym

Tickets will be for sale
in the front hall at lunch until February 16th

Tickets are \$7
Come out and have some fun!

Happy Valentine's Day

FEBRUARY 7TH-12TH



Being sold at lunch time, 50
cents each!!

Healthy Tips for Teens

We are pleased to share the following information. The Ministry of Education and Child Care, in partnership with adolescent Clinical Psychologist, Dr. Hayley Watson, will be hosting free virtual sessions on youth substance use for parents/guardians, caregivers and caring adults. Dr. Watson will provide valuable insights, practical tips, and resources to equip participants with the tools needed to guide their children and youth toward making positive choices when it comes to substance use.

Key Takeaways for Participants:

- Learn why children/teenagers are drawn to substances.
- Understand what causes and maintains substance use disorder and needs.
- Increase your child's ability to make positive choices about substances.
- Acquire practical conversation tools for discussing substances in the home.

Participants must register in advance due to limited capacity. Session dates are:

- February 20, 6:00 – 7:30 pm PST - [Click here to Register](#)
- February 22, 6:00 – 7:30 pm PST - [Click here to Register](#)
- February 24, 6:00 – 7:30 pm PST - [Click here to Register](#)

There will be a luncheon and presentation by Cedar Coast Dental at lunch on Feb. 14 in the lecture theatre. All grade 11/12 students interested in pursuing a career in dentistry (dentists, dental hygienist, dental assistant), pls. see Mr. Dominguez.

