



Caledonia Secondary School
 3605 Munroe Street, Terrace BC V8G 3C4
 Phone: 250-635-6531 <http://caledonia.cmsd.bc.ca>



Week of Feb 5 - Feb 9

2023 -2024 Caledonia Bell Schedule and Block Rotation

TIME		DAY 1	DAY 2	DAY 3	DAY 4
8:45 – 10:06	81 min.	Block 1	Block 2	Block 3	Block 4
10:06 – 10:12		Break	Break	Break	Break
10:12 – 10:16		Transition	Transition	Transition	Transition
10:16 – 11:36	80 min.	Block 2	Block 1	Block 4	Block 3
11:36 – 12:16		Lunch	Lunch	Lunch	Lunch
12:16- 12:21		Transition	Transition	Transition	Transition
12:21 – 1:41	80 min.	Block 3	Block 4	Block 1	Block 2
1:41 – 1:47		Break	Break	Break	Break
1:47 – 1:51		Transition	Transition	Transition	Transition
1:51 – 3:11	80 min.	Block 4	Block 3	Block 2	Block 1

This Week

Monday - Day 2
 Tuesday- Day 3
 Wednesday- Day 4
 Thursday - Day 1
 Friday - Day 2

Upcoming Dates

Feb 6 - PAC Meeting 7:00pm Cal Library

Feb 8 - Report Cards

Feb 13 - Photo Retakes

Feb 20 to 23 - Grad Photo Retakes

Vandalism

It is important for all students to respect our building. Due to vandalism some of the student washrooms have been closed during instructional time but opened for students to use during break time and lunch time. Next week all student washrooms will be open throughout the day however any future vandalism of a washroom will result in the damaged washroom being closed during class time only.



Student Absences

Please call every day that your child is sick. We enter students as excused only for the day that you call in, or if you give us specific dates for the absence. *If students are going to be away for three or more days, please have an extended absence form filled out no less than two weeks prior to the absence. These forms are available in the office.* Attendance Expectation forms were sent home with all students this week for each of their classes. Please sign the forms and send them back to school. Thank you.



Report Cards

Semester One Final Report Cards will be handed out to students in the last block of classes on February 8th, 2024.



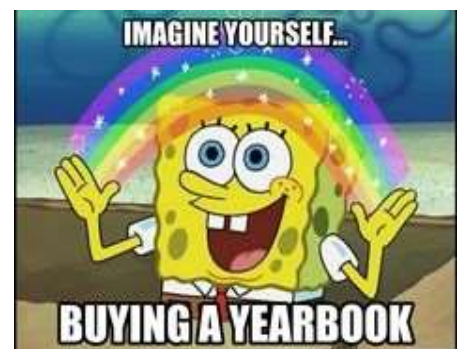
Photo Retakes

Lifetouch will be here on February 13, 2024 to do photos for those students who were absent or for those who would like retakes.



Yearbook Sales

Get your yearbook now for \$45.00.



SCAN ME



Career Corner

Strengthening Connection Career Fair:

All students, families, caregivers are welcome to attend the **Strengthening Connection Career Fair**. The focus will be on our indigenous population to connect with prospective Universities, Colleges, and employers. This will be a great time to connect and ask questions. Many of the schools will have an Indigenous representative.

When: February 7, 10:30-4:00

Where: Caledonia front foyer

What: College/University rep and Employer booths.

Questions: Contact Kim Hoekstra, Careers Teacher or Tristan Cox, Careers Teacher

Armed Forces Visit

Caledonia Secondary will be hosting the Canadian Armed Forces Recruiters on Friday, Feb. 9/24 from 11:00-1:30.

They will be set up in the front hall. Please swing by and ask questions about this Career!

Capstone Project:

Capstone Mentor	Overdue
3 Research Check- ins	March 1, 2024
Finished Project	April 26, 2024
Presentation	May TBA

All Grade 12 students will need to complete a Capstone Project to graduate. Please come down to the Career Office 11 A, if you need support or have any questions.

Work Experience:

Are you in Grade 11 or 12? Do you have a part-time job and want to earn 4 credits?

Packages are available, please stop by room 11A. A reminder to those who wish to sign up, you must be able to meet the minimum 100 hr requirement before June 1, 2024.

Please drop completed packages off in room 11 A. (Hours will not start accumulating until your package is signed and handed in).

What is Dual Credit?

Dual Credit is an opportunity for high school students to begin post-secondary programs and courses while they are still in high school. This option is available for grade 12 students in good academic standing. And we pay the tuition!

The 2024-2025 dual credit program includes the following courses:

- Auto Service Technician Foundation
- Carpentry Foundation
- Electrical Foundation
- Hairstylist
- Heavy Mechanical Trades Foundation
- Piping Foundation (PIC) Jan. 2025 start date)
- Professional Cook 1 (Aug. 2024 start dates)
- Welding Level 1 & 2 Foundation

Reminder for Grade 12's

Get your Grad forms and ALL your outstanding fees paid as soon as possible! Completed Grad Forms must accompany payment. Forms have been e-mailed home and are available in the office. Not having outstanding fines and fees paid will prevent you from participating in grad activities.



Our Sr Boys play PGSS at 7pm Friday and 11am Sunday.

There's also a grade 8 tournament in our gym Saturday with the one and only Mr. Matheis coaching Veritas.

Would love to see some familiar faces in the stands.



— A YEAR TO — REMEMBER

GET EXCITED. GET INSPIRED.
GET READY FOR GRAD PORTRAITS.



Prestige
PORTRAITS

ONLINE BOOKING OPEN NOW

Caledonia Secondary School

Date(s): February 20 – 23, 2024

Time: 3:00 pm – 9:00 pm

Location: Lecture Theatre

GOOD TO KNOW:

A \$30 sit fee will be due at the time of your appointment in either cash or check

- You may include a plus-one or pet for one photo if your school allows.
- Please arrive to your appointment wearing your outfit of choice. For the cap & gown photos, it is suggested to bring a scoop or V-neck top to wear under the gown unless wearing a collared top with a tie.
- See FAQ for more information.

PLAN & PREPARE FOR YOUR SESSION BY

Schedule.prestigeporraits.ca



Prestige
Portraits
— by Lifetouch

If you have any further questions or need assistance with booking an appointment, please contact us:

1 (888) 676-1647



Strengthening Connections

Education and Career Fair

Wednesday February 7th, 2024

10:30am – 4:00 pm

Caledonia Secondary School



Come out
Connect with
Post Secondary
Schools!

**Meet Reps
From:**

CMTN

CNC

DC

NMP

TRU

UNBC

UVIC

AND MORE!



Caledonia Staff Email List

Office Staff

Ms. Arbuckle	Principal	Jane.Arbuckle@cmsd.bc.ca
Mr. Dominguez	Vice-Principal	Joe.Dominguez@cmsd.bc.ca
Ms. Robinson	Vice Principal	Jaclyn.Wells@cmsd.bc.ca
Mrs. Skender	Administrative Assistant 1	Cheryl.Skender@cmsd.bc.ca
Ms. Anger	Bookkeeper	Michelle.Anger@cmsd.bc.ca
Ms. Duffy	Student Records Clerk	Tanya.Duffy@cmsd.bc.ca
Mrs. Chant	Counsellor – last names L to Z	Patsy.Chant@cmsd.bc.ca
Ms. Shinde	Counsellor – last names A to K	Danika.Shinde@cmsd.bc.ca
Ms. Graham & Mr. Talstra	Career Counsellor – Trades, Work Experience, CLC	Amy.Graham@cmsd.bc.ca or Daniel.Talstra@cmsd.bc.ca

Teaching Staff

Ms. Amendt	Jacquelyne.Amendt@cmsd.bc.ca	Mr. Lenuik	William.Lenuik@cmsd.bc.ca
Mrs. Axelson	Kelley.Axelson@cmsd.bc.ca	Mr. Lewis	David.Lewis@cmsd.bc.ca
Ms. Barron	Emily.Barron@cmsd.bc.ca	Mrs. Lowndes	April.Lowndes@cmsd.bc.ca
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Mr. Bremner	Kurtis.Bremner@cmsd.bc.ca	Ms. MacDonald	Emma.MacDonald@cmsd.bc.ca
Ms. Buhr	Sally.Buhr@cmsd.bc.ca	Ms. MacLeod	Britt.MacLeod@cmsd.bc.ca
Mrs. Cleveland	Corina.Cleveland@cmsd.bc.ca	Mr. Mattheis	Benjamin.Mattheis@cmsd.bc.ca
Mr. Cloutier	Paul.Cloutier@cmsd.bc.ca	Mr. Metzmeier	Eric.Metzmeier@cmsd.bc.ca
Mr. Cox	Tristan.Cox@cmsd.bc.ca	Mr. Midgley	Matthew.Midgley@cmsd.bc.ca
Mr. Dosanjh	Davy.Dosanjh@cmsd.bc.ca	Mr. Peters	Lance.Peters@cmsd.bc.ca
Mr. Hadjadj	Aziz.Hadjadj@cmsd.bc.ca	Ms. Reid	Megan.Reid@cmsd.bc.ca
Mrs. Hoekstra	Kim.Hoekstra@cmsd.bc.ca	Ms. H. Robinson	Heather.Robinson@cmsd.bc.ca
Mr. Hollett	Todd.Hollett@cmsd.bc.ca	Mr. Smart	Bruce.Smart@cmsd.bc.ca
Ms. Horne	Daina.Horne@cmsd.bc.ca	Mrs. Stewart	Collette.Stewart@cmsd.bc.ca
Mrs. Inkster	Janet.Lewis@cmsd.bc.ca	Mr. Stewart	Duncan.Stewart@cmsd.bc.ca
Mr. Jones	Brian.Jones@cmsd.bc.ca	Ms. Thom	Samantha.Thom@cmsd.bc.ca
Ms. Korving	Leanne.Korving@cmsd.bc.ca	Mr. Wojdak	Graham.Wojdak@cmsd.bc.ca
Ms. Kriegl	Nicole.Kriegl@cmsd.bc.ca		

Quantum Leaps

The University of Northern British Columbia (UNBC), Northwest Science & Innovation Society (NSIS), SkeenaWild Conservation Trust and Westcoast Women in Engineering, Science and Technology (WWEST) are pleased to announce that the Quantum Leaps Conference will take place on Wednesday, February 21st, from 4 PM to 8:30 PM at the UNBC Campus in Terrace. This event is aimed at young women in grades 10-12 with the goal of motivating and encouraging them to pursue studies and careers in science, technology, engineering, and mathematics (STEM), while also providing an opportunity to meet local women in these fields.

For more information about the Quantum Leap Event, please visit <https://skeenawild.org/education/outreach-education-events/> or <https://skeenawild.org/quantum-leaps-girls-talk-science-tech/>.



QUANTUM LEAPS

UNBC UNIVERSITY OF NORTHERN BRITISH COLUMBIA

SkeenaWild

NSIS Northwest Science & Innovation Society

GIRLS TALK SCIENCE & TECH

A CONFERENCE FOR YOUNG WOMEN IN GRADES 10 TO 12 TO LEARN MORE ABOUT CAREERS IN SCIENCE & TECH

WEDNESDAY, FEBRUARY 21, 2024

UNBC TERRACE CAMPUS

4537 KEITH AVENUE

4:00 – 8:00 PM

FREE – including dinner
Check website for details

Register Online: www.skeenawild.org/education

CONFIRMED PANELISTS

FORESTER • VETERINARIAN • PHYSIOTHERAPIST • WILDLIFE BIOLOGIST
XRAY/ULTRASOUND TECHNOLOGIST • NURSE PRACTITIONER • PARK RANGER
NURSE • MICROBIOLOGIST • MORE TO COME

*Please note that we use the terms women and girls with a broad meaning that includes people who identify themselves as women, girls, trans, genderqueer, non-binary, two-spirit, and gender questioning.

Congratulations to all our students who made Principal's List,
Honor Roll or Honorable Mention for Term One. Certificates will be
attached to the Report Cards that are being sent home with
students on February 8th.

Grade 12

Bahr, Nathan	Bennett, Calvin	Casey, Jamie	Chataway, Mikayla	Conway, Keyaira
Costain, Camryn	Davenport, Eva	Dinwoodie, Lily	Dominguez, Matthias	Faetz, Owen
Forsyth, Ashton	Frank, Brooklyn	Girard, Jonathan	Godfrey, Konnor	Green, Ferrah
Hansen, Alex	Hansen, Brome	Hansen, Brook	Hecker, Johanna	Hernes, Claire
Hidber, Cloe	Isaiah, Melody	Ivens, Milla	Janzen, Kai	Kenmuir, Oscar
Klein, Sylvie	Kriegl, Emily	Kuirinlahti, Emma	Larsen, Lelah-Marie	Lee, Hannah
Lintaris, Taeler	Liu, Katherine	Lockhart, Jaden	Lukasser, Grace	Makowski, Grace
Marion, Mariah	Mathews, Joshua	Mattheis, Aden	McCormick, Seth	Meijer, Brook-Lynn
Melo, Cassidy	Mielniczek, Helena	Miller, Adeline	Monkman, Stephanie	Monsen, Brooklyn
Mowez, Kessler	Munday, Sariya	Myers, Logan	Nenninger, Carissa	Nyce, Cameron
Ouellet, Hali	Penner, Sidney	Poole, Ella	Pretto, Tessa	Purita, Ana
Qualizza, Daniel	Roldo, Chiara	Schafhauser, Jacob	Schibli, Hanna	Stehling, Brandon
Suttis, Alex	Thorsen, Ryan	Vieira, Lucas	Wagner, Ashten	Webber, Avalee
Weidner, Ethan	West-Johnson, Caiden	Wilson, Ethan		

Grade 11

Albert, Isaac	Albios, Zhen	Allen, Annabel	Balatti, Carter	Barron, Sam
Basra, Harnoor	Benamar, Aaliya	Bruneau, Sadie	Budzyk, Serafina	Carter, Ben

Chouinard, Etienne	Cleveland, Oasis	Cote, Jessie	Davis, Domanic	De Bartolo, Maria
De Freitas, Farah	Dennis, Ria	Dettwiler, Brynn	Dobbin, Phillip	Dominguez, Simon
Domke, Dean	Dzus, Hailey	Elserty, Ahmed	Finlayson, Rhaya	Francoeur, Leila
Funk, Ethan	Gagnon, Jonah	George, Noah	Gill, JP	Guerin, Nathan
Guerriero, Mars	Harris, Aliiyah	Hughes, Miles	Ingenhut, Viggo	Joyce, Natalia
Kenny, Rowen	Kietzmann, Ethan	Kim, Tom	King, Isabella	Kinney, Aiden
Kinney-Demoe, Taylor	Kryklywyj, Kate	Wing, Andrew	Woodburn-Elliott, Oscar	Wright, Gabrielle

Grade 10

Aird, Sara	Alaggia, Nevaeh	Ames, Lukas	Andam, Russell	Auriat, Aleander
Beck, Amber	Berg, Kaitlyn	Buhler, Lilly	Burgomaster, Rylen	Chataway, Sophia
Chauhan, Mansi	Chauhan, Manvi	Cho, Victoria	Clayton, Jay	Connolly, Tavin
Dams, Alana	Daniels, Payton	Denis, Cameron	Dettwiler, Finnigan	Downs, Kayden
Dunbar, Rowan	Fawdrey, Addison	Fifi, Jazmin	Fleischbein, Tristen	Funk, Carson
Galang, Chelsy	Galang, Margaret	Gardiner, Julie	Barneau, Braxton	Gerrath, Paige
Godfrey, Ethan	Hahn-Helfensteller, Henrique	Hanna, Jesse	Hartman, Jacob	Haugland-Kutenics, Ryler
Hayes, Finley	Hildebrandt, Nathaniel	Hultkrans, Mackenzie	Huynh, Tram	Johnson, Aaron
Jorimann, Dominic	Kean, Adam	Kelso, Kennedy	Kinney, Tavon	Laberge, Serenity
Laman, Raphael	Mahil, Issiah	McMillan, Elias	Meek, Gavin	Metzger, Darlee

Meyer, Susanna	Mowez, Nola	Nguyen, Veronica	Ocampo, Aislinn	Perry, Kalen
Peters, Jade	Pillat, Lara	Porter, Cohen	Pow, Emily	Protheroe, Valentina
Qualizza, Ruth	Randrup, Makayla	Regacho, Joelle	Reid, Carlon	Roldo, Mia
Sambo, Darien	Schafhauser, Liam	Shoji, Takumi	Smyth, Vanessa	Soucie, Aubrieh
Soucie, Khloey	Stewart, Wade	Swain, Marlee	Tait, Aiden	Thompson, Zoey
Thomson, Hannah	Vieira, Claire	Vigneault, Roan	Walter, Braeden	Weary, Danielle
Webb, Gregory	Wilke, Grace	Woods, Savanna	Young, Emanuel	

Caledonia staff and students would like to welcome our International Students from Brazil & Chile.



Attendance Expectations for Caledonia Students

At Caledonia Secondary School attendance is very important. Students who regularly miss school receive fewer hours of instruction, often leading to lower grades. In Caledonia classrooms, instruction builds over time, and when students are not in attendance, they miss vital building blocks of information. Regular school attendance is an essential part of the learning process and crucial for graduating from high school with a strong foundation for further studies and a successful career.

After any absences from Caledonia Secondary School, it is the student's responsibility to connect with their teachers immediately upon their return to establish a timeline for the completion of missed work so the student can get back on track with their learning.

Absenteeism will be addressed at Caledonia in the following manner:

Absences from a class

Action to be taken

1 – 5 Absences

The teacher will connect with the student to discuss attendance concerns.

6 – 9 Absences

The teacher will connect with the parent/guardian to discuss attendance concerns.

At **10 absences** a teacher may refer their student to administration for the co-creation of a support plan.

Grade 10 student = Ms. Jackie Robinson

Grade 11 student = Mr. Joe Dominguez

Grade 12 student = Ms. Jane Arbuckle

At **20 absences** a student may be withdrawn from their course if they have not demonstrated improvement as described in the plan co-created with administration. The student may return to Caledonia the following semester after meeting with an administrator to discuss supports.

Healthy Tips for Teens

Please talk to your teens regarding the health risks of vaping. For more information, please click the links below.

Talking to your teen about vaping [27-18-2187-Vaping-EN-Web.indd \(canada.ca\)](#)

Video about teens and vaping [CDC: Educators: What Are the Health Risks of Vaping for Youth? - YouTube](#)



There will be a luncheon and presentation by Cedar Coast Dental at lunch on Feb. 14 in the lecture theatre. All grade 11/12 students interested in pursuing a career in dentistry (dentists, dental hygienist, dental assistant), pls. see Mr. Dominguez.

