



Caledonia Secondary School
 3605 Munroe Street, Terrace BC V8G 3C4
 Phone: 250-635-6531 <http://caledonia.cmsd.bc.ca>



Week of Oct 2 - Oct 6

2023 -2024 Caledonia Bell Schedule and Block Rotation

TIME		DAY 1	DAY 2	DAY 3	DAY 4
8:45 – 10:06	81 min.	Block 1	Block 2	Block 3	Block 4
10:06 – 10:12		Break	Break	Break	Break
10:12 – 10:16		Transition	Transition	Transition	Transition
10:16 – 11:36	80 min.	Block 2	Block 1	Block 4	Block 3
11:36 – 12:16		Lunch	Lunch	Lunch	Lunch
12:16 – 12:21		Transition	Transition	Transition	Transition
12:21 – 1:41	80 min.	Block 3	Block 4	Block 1	Block 2
1:41 – 1:47		Break	Break	Break	Break
1:47 – 1:51		Transition	Transition	Transition	Transition
1:51 – 3:11	80 min.	Block 4	Block 3	Block 2	Block 1

This Week

Monday - Stat
 Tuesday- Day 2
 Wednesday- Day 3
 Thursday - Day 4
 Friday - Day 1

Upcoming Dates

Sept 30 - National Truth & Reconciliation Day
 October 3 - Post Secondary School Info Night 6:30
 October 10 - PAC Meeting 7:00

Work Experience

Work Experience packages will become available in October. If your student has a job and can work a minimum of 100 hours before May 30th, they can sign up for a Work Experience block to earn credits towards their graduation.



Introducing our new Indigenous Support Workers to the Caledonia school community: Ms. Alexis Stephens, Mrs. Rosalee Mowatt and Ms. Desiree Quock. All three of these women are new to Caledonia and new to our district, please welcome them to our school and their new positions, we are so lucky to have all three of these ladies join our team!!



Visitors and Guests to the School

Please sign in at the office after entering the main entrance. Wearing a mask is optional. Thank you.

Post Secondary Institution Night at Caledonia

Attention all grade 12's and grade 12 parent/guardians!

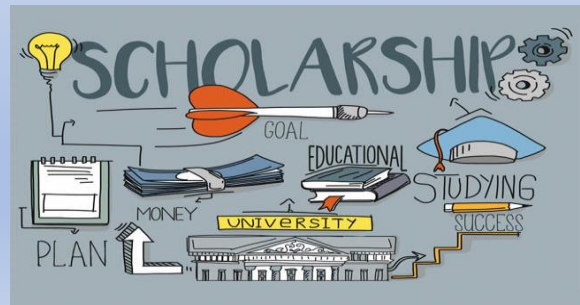
The PSI night at Caledonia is on October 3rd at Caledonia. There will be 14 visiting post secondary institutions from around BC. Students can visit two schools of their choice to answer any questions they have about attending a post secondary institution. An open house is scheduled at the end of the second session and a third school can be visited. Parents/Guardians are encouraged to attend. Doors will open at 6:10, please arrive early to sign in.

Attendance

Starting on Tuesday October 3rd our school will be activating an automated phone call to parents each day whenever students have unexcused absences from classes. If you have any questions regarding this, please contact the school office at 250-635-6531.

Scholarships

For grade twelves interested in learning about the Northwest Scholarship Foundation and the school's scholarship processes sign up for Caledonia's Scholarship Team. Information slips are available in the office. There will be a virtual information session at 6pm on Wednesday October 4th. There will be an in-person after school meeting Thursday October 12th. See Teams or Mr. Dosanjh for more information.



September 30th is the National Day of Truth and Reconciliation and Orange Shirt Day, please wear your Orange shirts on Friday, September 29th, 2023 to show your support for Indigenous Survivors of Residential Schools and their families.

Thank you,

Cal Staff and students

What is Orange Shirt Day?

On Orange Shirt Day, we recognize the 150,000 Indigenous children who endured the residential schooling system, and its trauma that continue to be felt to this day.

We encourage all of you to research more about this history and read Phyllis Webstad's book. Information can easily

Bussing

Bus registration forms for the 2023 – 2024 school year are available in the office before school, during breaks, lunch and after school. Electronic copies can also be sent. Please contact Cheryl.Skender@cmsd.bc.ca.



Dry Grad & Prom Committee

Any parents that would like to be on the organizing committees for either Dry Grad or Prom, the meeting is October 5th & 7 pm in the Caledonia Library. Please use the front doors to enter.



School Pictures

School photos will be held on October 24 and October 25.



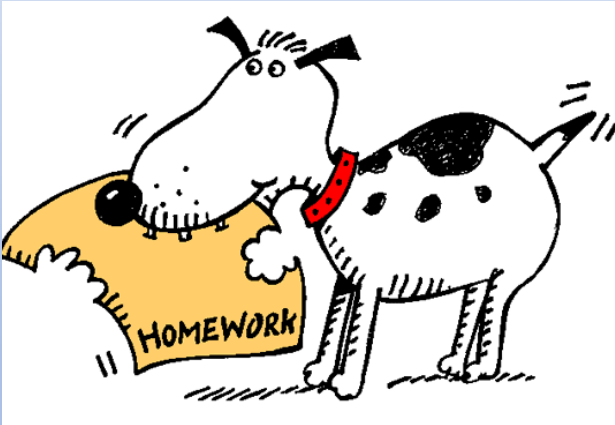
Therapy Dog

We are pleased to inform you that we are planning on having a therapy dog in training in our school. Taay.ii is a small and well-behaved dog well on her way to being certified as a St. John Ambulance Therapy Dog. She will be at the school occasionally during blocks 3 and 4. Therapy dogs are interactive dogs trained to work for a handler to provide service and comfort to people. The presence of a therapy dog can decrease anxiety and provide a level of comfort that enables students to work through a variety of challenging issues. We are excited to help her get ready to become an official member of our school community. If you have any questions about Taay.ii, please reach out to Megan Reid at megan.reid@cmsd.bc.ca Thank you for your understanding, support, and interest.



Homework Requests

If your teenager is absent for 2 or more consecutive days of school, then a request for teachers to prepare missed school assignments can be made by phoning our school (250-635-6531) before 11:00am. The requested work package can be picked up in the main office the following day after 1:00pm.



As we near the end of the second week of school, there has been a lot of busing confusion and issues, some of them surrounding whether a student is registered for a bus or not. I am sorry for all the inconvenience and changes, some of it has been beyond anyone's control.

The decision has been made to allow all students to continue boarding the buses in the morning and the afternoon for the month of September. All students will be able to board the bus to get to school and home without any issues. Once October comes, we will focus on narrowing down the riders who do not have bus registrations submitted.

Until then, I hope that this provides some relief to everyone. If you have any questions, please reach out to me at Michelle.Abercrombie@cmsd.bc.ca.





Supporting Families After a Mental Health Crisis

“Hearing from other parents who have navigated these challenges themselves, was a real gift. The information was practical, but it also seemed more believable because it came from experienced parents. I wanted to BELIEVE that things would be OK, and that I will find a way to support my daughter. The workshop gave me this belief.”

TOPICS INCLUDE:

- How to support a safety plan at home
- How to take care of yourself and family after a crisis
- How to find the resources you need

Offered monthly for B.C. families. Free but registration required.



familysmart.ca/workshops





Open House Information Session for Professionals

The Help for the Hard Times Workshop series provides a framework for parents/caregivers to consider as they support their child after a crisis. The workshop includes practical strategies, tips and tools that support caring, connected relationships.

Join this information session to learn more about Help for the Hard Times, and how you, as a Healthcare Provider, Service Provider, Educator, Police and RCMP can help connect families to this free workshop.

TOPICS INCLUDE:

- How to support a safety plan at home
- How to take care of yourself and family after a crisis
- How to find the resources you need

DATES:

September 13th, October 4th,
November 8th, December 13th

TIME:

12pm - 1pm (PST)

To register: familysmart.ca/events



familysmart.ca/workshops



Email Addresses for Caledonia Teachers

Ms. Amendt.....Jacquelyne.Amendt@cmsd.bc.ca

Ms. Arbuckle (Principal) Jane.Arbuckle@cmsd.bc.ca

Mrs. Axelson Kelley.Axelson@cmsd.bc.ca

Mr. Blundon Phillip.Blundon@cmsd.bc.ca

Mr. Bremner..... Kurtis.Bremner@cmsd.bc.ca

Ms. Buhr Sally.Buhr@cmsd.bc.ca

Mrs. Chant..... Patsy.Chant@cmsd.bc.ca

Mrs. Cleveland Corina.Cleveland@cmsd.bc.ca

Mr. Cloutier Paul.Cloutier@cmsd.bc.ca

Mr. Cox..... Tristan.Cox@cmsd.bc.ca

Mr. Joe Dominguez (Vice-Principal)..... Joe.Dominguez@cmsd.bc.ca

Mr. Dosanjh..... Davy.Dosanjh@cmsd.bc.ca

Mr. Hadjadj Aziz.Hadjadj@cmsd.bc.ca

Mrs. Hoekstra..... Kim.Hoekstra@cmsd.bc.ca

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Mrs. Stewart..... Collette.Stewart@cmsd.bc.ca
Mr. Stewart..... Duncan.Stewart@cmsd.bc.ca
Ms. Thom Samantha.Thom@cmsd.bc.ca
Mr. Wojdak Graham.Wojdak@cmsd.bc.ca