



Caledonia Secondary School
 3605 Munroe Street, Terrace BC V8G 3C4
 Phone: 250-635-6531 <http://caledonia.cmsd.bc.ca>



Week of Oct 2 - Oct 6

2023 -2024 Caledonia Bell Schedule and Block Rotation

TIME		DAY 1	DAY 2	DAY 3	DAY 4
8:45 – 10:06	81 min.	Block 1	Block 2	Block 3	Block 4
10:06 – 10:12		Break	Break	Break	Break
10:12 – 10:16		Transition	Transition	Transition	Transition
10:16 – 11:36	80 min.	Block 2	Block 1	Block 4	Block 3
11:36 – 12:16		Lunch	Lunch	Lunch	Lunch
12:16 – 12:21		Transition	Transition	Transition	Transition
12:21 – 1:41	80 min.	Block 3	Block 4	Block 1	Block 2
1:41 – 1:47		Break	Break	Break	Break
1:47 – 1:51		Transition	Transition	Transition	Transition
1:51 – 3:11	80 min.	Block 4	Block 3	Block 2	Block 1

This Week

Monday - Stat
 Tuesday- Day 2
 Wednesday- Day 3
 Thursday - Day 4
 Friday - Day 1

Upcoming Dates

October 9 - Thanksgiving - No School
 October 10 - PAC Meeting 7:00
 October 12 - "Notice of Concern" Reports sent home

THE CITY OF TERRACE
 REGISTRATION OPENS SEPTEMBER 18 AT 9 AM
SWIM INSTRUCTOR COST: \$350*
 Nov 1-12, 2023
 Pre-requisites:
 • 15 years or older
 • Bronze Cross Certification
 *Get a 50% discount on registration!
 Requirements:
 • 15 years or older
 • Have an address in the Greater Terrace area
 • Plan to work at the Terrace & District Aquatic Centre

REGISTER BY CALLING THE TERRACE & DISTRICT AQUATIC CENTRE AT 250-615-3030

THE CITY OF TERRACE
 REGISTRATION OPENS SEPTEMBER 18 AT 9 AM
BRONZE MEDALLION + BRONZE CROSS COURSES
Bronze Medallion:
 Saturdays
 Oct 7-Nov 4
 10:00 am-2:30 pm
Bronze Cross:
 Saturdays
 Nov 18-Dec 16
 10:00 am-2:30 pm
 13+ years
 \$220 each OR \$60 each for those ages 15+ who have an address in the Greater Terrace area and plan to work at the Terrace & District Aquatic Centre

REGISTER: 250-615-3030
terrace.ca/training

Visitors and Guests to the School

Please sign in at the office after entering the main entrance. Wearing a mask is optional. Thank you.



FamilySmart
Together-Centred



FamilySmart
Help
for the
Hard
Times
WORKSHOP

SUPPORT
FOR PARENTS
AND CARERS

Supporting Families After a Mental Health Crisis

"Hearing from other parents who have navigated these challenges themselves, was a real gift. The information was practical, but it also seemed more believable because it came from experienced parents. I wanted to BELIEVE that things would be OK, and that I will find a way to support my daughter. The workshop gave me this belief."

TOPICS INCLUDE:

- How to support a safety plan at home
- How to take care of yourself and family after a crisis
- How to find the resources you need

Offered monthly for B.C. families. Free but registration required.



Foundation

familysmart.ca/workshops

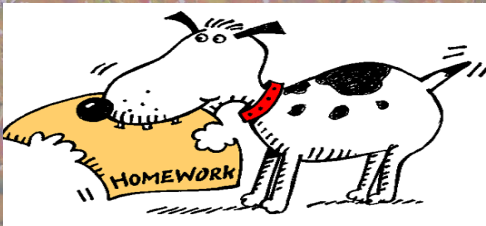


Caledonia Music Concert "Autumn Leaves" will be held on Wednesday October 25 at 7:30 in the REM Lee Theatre. Cash donations will be accepted at the door. Thank you for supporting our Concert Band, Jazz Band and Choir.




Homework Requests

If your teenager is absent for 2 or more consecutive days of school, then a request for teachers to prepare missed school assignments can be made by phoning our school (250-635-6531) before 11:00am. The requested work package can be picked up in the main office the following day after 1:00pm. Homework can also be e-mailed as a digital package. Please give office staff your e-mail when requesting homework.



Scholarships

For grade twelves interested in learning about the Northwest Scholarship Foundation and the school's scholarship processes can sign up for Caledonia's Scholarship Team. Information slips are available in the office. There will be an in-person after school meeting Thursday October 12th. See Teams or Mr. Dosanjh for more information.



Grad Ceremony & Prom

The Grad Prom will be held on Saturday June 8th, 2024 and the Grad Ceremony/Dry Grad will be on Friday June 14th, 2024. These dates are tentative and are subject to change.

School Pictures

School photos will be held on October 24 and October 25.



Gitlaxdax Nisga'a Terrace Society
4441 Lakelse



admin@gitlaxda.ca

250-635-8050

Xlaaxw—October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 STAT In lieu of Truth and Reconciliation Day	3 Advanced Voting Day 8AM-8PM	4 ASP Ages 12-18 Night Sky Painting 6:00-8:00	5 Nisga'a Language Class 5:00-7:30	6 ASP Ages 5-11 Halloween Crafts 3:20-5:20 Line Dancing 6:00-8:00 DUDES Club 6:00-9:00	7 Terrace Pride Pals Collaborative Movie Night 7-10
8	9 STAT Thanksgiving	10 Voting Day 8AM-8PM	11 ASP Ages 12-18 Intro to beading 6:00-8:00	12 Nisga'a Language Class 5:00-7:30	13 Out of Office Trip to Prince George	14 Out of Office Trip to Prince George
15	16 Gen to Gen 5:00-7:30	17 Nisga'a Language Class 5:00-7:30 Youth Council 6:00-8:00	18 ASP Ages 12-18 Beading Part 2 6:00-8:00	19 Drop In Social 10:00-2:00 Nisga'a Language Class 5:00-7:30	20 NID Day Activities 8:30-3:30 DUDES Club 6:00-9:00	21 Youth Council Trip to Nisga'a Museum
22 Women's Warriors All Day	23 Elders Social 5:00-8:00	24 Nisga'a Language Class 5:00-7:30	25 ASP Ages 12-18 Beading Part 3 6:00-8:00	26 Nisga'a Language Class 5:00-7:30	27 Family Halloween Party 5:00-8:00 DUDES Club 6:00-9:00	28
29	30	31 Office Trick or Treating 9:00-5:00	ASP = After School Program			

Ama Sah!

On behalf of the Indigenous Education Department, we would like to commend the Caledonia Secondary School Ambassadors for volunteering at the ReconciliACTION 2023 Workshop.

These students not only donated their time on a weekend but went over and beyond what was asked of them. They helped navigate staff to the correct workshops, assisted with unloading food, set-up/clean up and much more.

This workshop couldn't have been as successful without their involvement, thank you Caledonia Secondary Students!

T'oyaxsut 'nüün,



CELEBRATING
CALEDONIA AMBASSADORS
WE T'OYAXSUT 'NÜÜSM ALL!





FamilySmart

Help for the Hard Times

WORKSHOP

OPEN HOUSE
FOR
PROFESSIONALS

Open House Information Session for Professionals

The Help for the Hard Times Workshop series provides a framework for parents/caregivers to consider as they support their child after a crisis. The workshop includes practical strategies, tips and tools that support caring, connected relationships.

Join this information session to learn more about Help for the Hard Times, and how you, as a Healthcare Provider, Service Provider, Educator, Police and RCMP can help connect families to this free workshop.

TOPICS INCLUDE:

- How to support a safety plan at home
- How to take care of yourself and family after a crisis
- How to find the resources you need

DATES:

September 13th, October 4th,
November 8th, December 13th

TIME:

12pm - 1pm (PST)

To register: familysmart.ca/events



familysmart.ca/workshops



Career Counsellor's Report

WEX - Packages will be available next week starting Monday, stop by room 11A. A reminder to those who wish to sign up, you must be able to meet the minimum 100 hr requirement before June 1, 2024.

Dual Credit – Capstone sessions will begin the week of October 16th. Sessions will be hosted at Coast Mountain College, date, and time TBD.

Capstone – Capstone Sessions for students attending Caledonia are going to be October 10-12th. If your student is away. Friday is the catch-up day. Please see Ms. Braid if you are going to be away.

PSI Night- Thank you to the parents and students who came to support our annual post secondary institution night. To any student who could not attend a session and would like more

Student Absences

Please call every day that your child is sick. We enter students as excused only for the day that you call in, or if you give us specific dates for the absence. If students are going to be away for three or more days, please have an extended absence form filled out no less than two weeks prior to the absence. These forms are available in the office.



Let's Get Connected



E-mail

study@cmsd.bc.ca

Website

international.cmsd.bc.ca

Social Media



INTERNATIONAL STUDENT PROGRAM Coast Mountains School District 82

3211 Kenney Street
Terrace, British Columbia
Canada V8G 3E9



Join The Community of ISP Homestay Hosts Today!

[Homestay Host Program](#)

[Homestay Host Application Process](#)

"Homestay Hosts are the Backbone of the International Student Program"



What You Provide:

- A private bedroom, desk and closet
- Nutritious meals, every day (meal plans vary)
- A patient, caring and friendly home atmosphere
- A 100% English environment
- The same guidance and attention you would want for a loved one traveling overseas!



Homestay Hosts For International Students

Coast Mountains School District 82

What Makes A Good Homestay Host?

A sensitive and patient family.

It can be overwhelming for a student to be so far away from home. A thoughtful host family appreciates that each student is unique, and that communication and mutual understanding take effort.



As A Homestay Host You Can Expect To...

- Grow in your understanding of the world and its peoples
- Make life-long friendships
- Share the beauty of your home and community
- Ensure your local economy benefits from the booming international education industry
- Receive a generous allowance to offset expenses

International Students Who Live With Canadian Families

- Learn language and Canadian culture in a healthy, caring environment
- Get a positive introduction to Canadian family life, which encourages many to apply for permanent residency after graduation
- Become valuable future partners in trade, political relations and global leadership
- Bring a broader world-view to their communities back home

Things To Consider

- Do you have time for a student?
- Is everyone in the household ready to welcome someone with a different background in their home?
- Do you want to experience a different culture without leaving the comfort of your own home?



"Make an international student's Canadian experience truly unforgettable by becoming a homestay family"

Staff E-mail

Ms. Amendt	Jacquelynn.Amendt@cmsd.bc.ca
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Mr. Stewart	Duncan.Stewart@cmsd.bc.ca
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